

Russian RANC method of treatment in Krasnodar.

### **РАССТАВАНИЕ С ИЛЛЮЗИЯМИ** Лечение методом RANC в Краснодаре.



In previous articles I have talked about the method of restoring the activity of nerve centers, but given the lack of information available yet about this fundamentally new method of treatment, in this article, I decided to open this topic more in several ways. Of course, many people, especially those who read duplicates newspaper articles on my site this article will show, "repetition", but given the characteristics of newspaper format, I feel justified in these repetitions. With respect to any information, people can be divided into several groups. There are people who have so far no health problems, so they are absolutely not interested in any information on a medical theme.

There are people who have some kind of impairment, interest, look, find, and know a lot about RANC method (The Restoration Of Activity Of Nerve Centers). They probably will be interested to know what's new on this subject, and I want to say that they, despite their awareness will not be disappointed, because the research is ongoing. That such people who were my patients, physicians working in this direction, which follow the development of technology and RANC are regular readers of my website is easy to understand that what I am writing. Such people while unfortunately, not very much, because there are objective reasons preventing the dissemination of information about the method of restoring the activity of nerve centers.

We can say that the reason is only one, it is always money. Somehow we do not think about it

## RANC - parting with illusions

Written by врач невролог А.А.Пономаренко  
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when watching the news on television, the Internet or in print, that for us to see, or read about something sitting in front of TV screen, monitor, or holding up a newspaper someone I pay more or a lot of money. Tom, or the people who want to we are now about something learned to spend on it's own funds, and the more the audience reached by this information, the "round" the amount spent on its creation. Well, now is not it, more this topic I will discuss in the next article, and in this I want to tell people completely unfamiliar with **the Russian treatment for recovery of activity of the nerve centers of what** it is.

Such people while the majority, and it is from them I regularly hear the same phrase, "What is RANC?", "The acronym stood for?", "Why do not we heard this before?", "How to be treated, which he diseases It treats any contraindications, and how much does it cost? ". Here are those questions I want to answer briefly in this article because the newspaper is usually read by people who do not use the Internet.

I will answer in order, because it is convenient for perception.

**What do you mean the English abbreviation RANC?** RANC, is a word that I have proposed to name the non-drug treatment based on restoring normal for the body of the nervous regulation of all occurring in protsessov.Ono it reflects the essence of the method, a short, convenient in pronunciation and unlike other words, so the term is difficult to confuse with others.

**RANC** (The **R**estoration Of **A**

ctivity Of

**N**

erve

**C**

enters). Is also convenient, as in Russian transcription sounds and then the same

**knapsack**

**P**

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**A**

ktivatsiya

**H**

ervnyh

**C**

Centralized

**The concept of the nerve center. The theory of dynamic localization of nerve function.**

### Key general properties of the nerve centers

**The nerve center** - a set of structures of the nervous tissue, providing management of specific functions and entire reflex acts. The composition of the nerve center, this kernel and scattered element. YaDRO consists of nerve cells specialized in the management of any process. Trace elements, this is a huge number of nerve cells located both in the immediate vicinity of the nucleus, and at some distance from him. Scattered elements of the auxiliary function. They may be attracted to the other nerve centers. Thus most of the area of the brain is involved in the control of various functions.

The theory of the nerve centers appeared in the early twentieth century. on its basis in the subsequent dynamic theory of localization of nerve function Luria was created. In the case of destruction of the nucleus and its functions are partially offset trace elements. To compensate for the functions in the defeat of the nerve center are utilized trace elements of other nerve centers. Regardless of what functions are controlled by nerve centers they all have the same characteristics of their work. These characteristics are based on the principles of operation of chemical synapses.

Here is a "terrible" and incomprehensible to most laymen one of the definitions of the nerve centers. To make it clearer, I will say easier. Countless (100 billion), the brain cells that control every cell of our body are grouped into complex structures performing similar tasks. When all of these are given to us as a gift from our ancestors billions operate in normal activity, then we do not have any problems at all, nor to the physical or mental health. Our nervous system (100 000 000 000 neurons) in contrast to the nervous system snails, consisting of only 7 !!! neurons are very sensitive to any external influences. Positive, that is useful for it are factors that do not take it out of harmonious balance, so the feeling of comfort and peace of mind than they are were not caused by the direct signs of the normal functioning of the central nervous system and body as a whole. This applies to everything that brings us these feelings.

"But, excuse me! (Tell me the attentive reader), but what about drugs, alcohol and overeating? After all, they bring temporary comfort, and eventually turn into a disaster! "In fact of the matter is that these factors also has on the nervous system of a short-term positive effect, as the example of suicide when a person resorts to deadly to an act in order to achieve momentary improve their health, otherwise no one in this way to "cure" did not use. And any factors that prevent the nerve centers of the brain, leading to a breach of their governing bodies, body systems and processes that take place in them. Nerve centers moving or abnormally elevated, or just inadequately reduced activity mode. It manifests a variety of symptoms that make up the different diseases. That is, the disease is only a reflection of the "mess" in the brain caused by

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all sorts of unpleasant events of life (stress).

Laptop (where I am now typing this article) does not care any external influences can be rendered to him. Good factors such as the content it clean, careful handling them, and not only having a good anti-virus program, but also the lack of "campaigns" of suspicious haunts of vice of the Internet, such as porn sites, where you can "catch" any a new plague, which is not too tough for even a good virus scan, all this does not interfere with its proper operation. If I, for example, Obol his juice zasyplyu chips by hitting it with his fist in the oven shove, or in the refrigerator, or disabling antivirusnik begin to "wander" on sites bestiality, it is completely out of order, and I can not finish this article. And then, bringing it to "cure" the service center does not need silly otverchivatsya with an innocent face that the Chinese was not so collected. In the same way, find out the cause of the disease do not need to blame everything on the weather, the wicked wife and her mother, a poor job (which he also himself chose), low-quality vodka, hemorrhoids (which is also on something there was yours, but not in itself ) causing a headache. All this disruption of the nerve centers of the brain, and that certainly contributed to the acquisition of these disorders, it is another question.

Each person has to decide what factors led to his disease. This is not the direct task of medicine, its role to warn of possible danger and to eliminate the effects of existing health problems. It is this and sent RANC method.

Each medical facility on their own, or by following certain steps to determine the prices for their services. I am often asked, "And if not a secret, how much you have this treatment?". There is no secret. The clinic «NEVROLOGICA» Krasnodar one treatment session on RANC method is worth 6000 rubles. Treatment session is called a reception in the clinic for hours. During this time held two or three treatments. It looks like this; people come to the reception (by appointment), gets advice, or give talks on the status of previously conducted after the session, if it comes again, and then performed medical procedures.

Procedure, it is injected into the specific area of □□ the back muscles individually to include the restructuring process of the activity of the nerve centers of the brain. After the first treatment, which lasts approximately 10-15 minutes (of which themselves injections performed during 60-80 seconds), the patient goes to the automatic massage chair to rest for 20 minutes. Then, the second medical procedure. Injections are performed in the same exposure area on the back, but indented from the previous point at a distance of about one centimeter and in the same amount (about 40-60). The third stage of the therapeutic (third procedure) session is running or within 10 minutes after the second stage, when one spends this time lying on the couch in the treatment room, or again after the "relaxation" in a massage chair.

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Various diseases have a common cause, which (as I said above), nervism theories put forward by our scientists Sechenov, Pavlov and Botkin is a loss of central control over the functions of the body. Russian RANC method of eliminating this cause leads to the human body get rid of diseases that until now were considered incurable.

RUSSIAN RANC method relates to the treatment of acupuncture, is so non-drug treatment. The therapeutic effect is achieved by the action of the central nervous system through certain areas of the back muscles. This it is very similar in principle to the impact of other types of acupuncture in particular with acupuncture (acupuncture), but is fundamentally different from this method of treatment is much more powerful influence exerted and therefore greater efficiency. It is distinguished by a small amount of time spent by the patient in the medical treatments and the resistance of impact.

Summary of technology used to restore nerve activity centers is that, exerting a massive, short-term (1.5 - 2 min), painful irritation of the trapezius muscle by intramuscular injection of water cause the restructuring of brain nerve centers.

For stimulation of nerve centers in the brain is water for injection that is injected into the muscles trapezius a depth of 15 millimeters in volume 1.0 milliliters. I repeat that it is pain that occurs at the time of injection "includes" the process. Injection in the trapezius muscle on both sides of 10-15 injections on each side. The results of executing a painful stimulus transmitted via the accessory nerve in the brain stem, which is switched to the reticular formation of the nucleus. According to the observations of the process of restoring the activity of nerve centers, after a single exposure to the proposed method takes about 6 weeks. Optimally treat short course of two or three therapeutic session consecutive daily to "launch" the recovery process. And to secure the result obtained two more treatment sessions with an interval of between 3-4 weeks. As a result of the ensuing stabilization of the activity of the nerve centers of the brain at a normal physiological level removed the cause of the majority of known pathologies that are based on functional impairment. The result is the restoration of changes occurring central regulation of various functions and systems. **The proposed method of treatment has no absolute contraindications, as well as restrictions on the age and sex of patients.** RANC method can be used to treat diseases that are difficult or not at all amenable to traditional drug therapy and other forms of treatment:

1. Pain in the spine:
  - pain in the neck.

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- Pain between the shoulder blades.
- Back pain.
- Chest pain (intercostal neuralgia).
- 2. Pain in the shoulders, arms and hands (including numbness of the hands).
- 3. Pain in the knee and hip joints.
- 4. Pain in lesions of the sciatic nerve.
- 5. Pain in a herniated disc.
- 6. Pain in lesions of the trigeminal nerve.
- 7. Headache, including migraine, pain in the effects of trauma and intracranial pressure.
- 8. Pain in the heart and angina.
- 9. Epilepsy.
- 10. Tiki.
- 11. The consequences of stroke.
- 12. Violations rechi- Logo neurosis (stuttering).
- 13. Violations of the cerebral circulation.
- 14. Parkinson's syndrome.
- 15. vasoneurosis (suprasegmentar autonomic dysfunction).
- 16. Cerebral Palsy.
- 17. Hyperactivity in children.
- 18. Autism.

### **Method RANC, especially a course of treatment for various diseases.**

After regular publications in the newspaper "Kuban today" on various topics, dedicated to the Russian method of treatment RANC I was getting a lot of calls. People were asked to explain in detail how the treatment though a particular disease, and I decided to repeat this topic in today's publication.

For the central nervous system, leading all the functions of our body, fundamentally unimportant nature of the damaging external factor that causes a failure in its work. Any effects that exceed the defenses of our body, always call a "failure" in the central nervous system. Damage to the central regulation of cascades causing disturbances in all the other systems of the body, which is manifested in the form of a certain disease.

It would be strange to think that diseases caused by significant violations should be treated as simply and briefly as diseases which are based on deep and serious violations. It is clear to any person. The only question is to determine what diseases are simple, and some more complex, that is, which are treated quickly, and what is more durable. In this article we will talk about the

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method of restoring the activity of nerve centers, so we will not deal with traditional views on the effectiveness of therapy based on principles other than the Russian method RANC.

For example, I want to take the two diseases, which differ in the number and quality of disruption to the brain. This defeat of the trigeminal nerve and Parkinsonism. Two, as if incurable disease to date.

If facial pain caused by an abnormal increase in the activity of neurons sensitive nuclei of the trigeminal nerve is involved in the process of a very small region of the brain, just a few tens of square millimeters. Therefore, to bring this area in the normal mode of activity, and human pain relief you need only a few treatment sessions RANC, spent a day with each other, or at intervals between 1-4 days.

Parkinson's disease is characterized by the fact that the brain has a large number of violations in all its departments, and to bring the nerve centers in the procedure takes a long time, from six months to one and a half years, during which a person must receive medical sessions monthly. It's unpleasant, of course, that you have to take treatment so long, but the other way of overcoming this disease has not been found. I do not want to deal with in this article is Parkinsonism, because publications on this subject have already been, and will be more, but mainly because the article is devoted to the peculiarities of the course of treatment by RANC diseases of different groups. Before treatment was carried out in this way; a treatment session carried out (several tens of injections in the back), and 4 weeks to make a break for which positive changes occurred in body. However, experience has shown that the best results are obtained with other treatment strategies, and now I want you to see it.

One treatment session can consist of a single procedure, or made in one of two day interval between treatments of 30 minutes. Such a treatment session, although it consists of two separate procedures, is assessed in terms of the material as one. This is done to increase efficiency and reduce patient treatment costs.

In various diseases require a different number of treatment sessions comprising both a two therapeutic treatments, as well as from one. The intervals between treatment sessions are also different depending on the disease, as well as the treatment time. The average interval between sessions is 1 month. Depending on the type of disease requires their number of sessions or short courses consisting of several sessions. Let me explain what I mean.

1. **Medical procedure** is performed once injection in individually defined sections of the back muscles, mainly in the trapezius muscles of the back.

2. **Treatment session** is **2** or **3** treatment ( « **Duplex** » or « **Triplex** ») **procedure** , carried out in one day, with an interval therebetween

**20-30**

minutes. These terms exist primarily in the technology, but I offered to use them in determining the tactics of the procedures for the convenience of understanding between me, colleagues, co-workers and patients.

3. **The course** is individually determined by the number of treatment **sessions** required to achieve sustained remission.

Epilepsy, Migraine, herniated disc, The defeat of the trigeminal nerve, lesions of the sciatic nerve, the defeat of the trigeminal nerve, dizziness, pain in the body of various localization, fragility and hair loss (not to be confused with established baldness), Algomenarreyia (painful periods), speech disorders ( stuttering), Neurocirculatory (vegetative), dystonia, tics, angina, dizziness, noise in my head (not to be confused with tinnitus - tinnitus), chronic fatigue syndrome, hyperactivity in children, impaired memory.

For treatment of these conditions requires - 2, 3 or therapeutic session consisting of two or three therapeutic treatments each (duplex or triplex) with the interval between sessions is 5 weeks. One or two such courses. **Parkinson's disease, Parkinson's disease, restless leg syndrome, tinnitus (ringing in the ears, or sensorineural hearing loss), Cerebral Palsy, Autism.**

These diseases require long-term treatment, i.e. a course; 4 - 8, or 12 treatment sessions every 4 - 6 weeks. Accordingly, the time it takes 6 to 12 months (5 - 10 treatments).

RANC method compared to traditional methods of treatment has several features. No need to spend a lot of time for treatment, ie, patients who received treatment session continues to lead a normal life, without being distracted by regular visits to hospital until the next treatment session. The number of sessions on the course, a person defines their own depending on their state of health. Having achieved a stable remission of their condition, recourse is required as the need arose. I have been studying and practical application of this method for almost 18 years, and during that time noted that the positive effect of the treatment of "missing" for different diseases, taking into account the age and the patient's lifestyle, from a few months up to 2 - 3 - 5 and more years.

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At the end of this article, in which I repeat once again, saying that it is not necessary to continue to search for means to get rid of diseases caused by disorders of the central nervous regulation is the nervous system itself as a whole, and try to fix something in its individual parts. For more detailed information on various aspects of the method and video patient testimonials can be found on the website.

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