How effective is this treatment? For how long does it works and how long the positive result will last?

Many conditions should be taken into consideration while assessing the prospects, effectiveness and treatment results duration. If traumatic factor is no longer topical(e.g. complicated childbirth or a car accident), effectiveness of headache or backache treatment(or other kinds of pain) is about 70% and a positive effect will last for infinite period of time (before the new accident happens).

However, when a problem still exists (problems in a family or at work) and a nervous system is under constant stress, effectiveness is lower and a remission period is shorter. It requires more procedures when a state of deteriorate. This happens because treatment can save from dysfunctions but at a low extent. Basically, our brain experience so-called "spring-cleaning".

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